

World KITCHEN.

w/c 7th October, 28th October, 18th November, 9th December,
30th December, 20th January, 10th February



WEEK ONE

AUTHENTIC ITALIAN MONDAY

Pasta Pomodoro

Wholewheat penne with the ultimate roasted tomato sauce



Quorn Meatballs

Spicy tomato ragu with wholewheat spaghetti



FAMILY FAVOURITE TUESDAY

All Day Breakfast

Grilled sausage, tomato, egg, hash brown, beans & wholemeal toast

All Day Breakfast

Grilled veggie sausage, tomato, egg, hash brown, beans & wholemeal toast

BACKING BRITISH WEDNESDAY

Roast Beef

Served with mash & seasonal vegetables or in a giant Yorkshire wrap

Quorn Roast

With mash, seasonal vegetables, sage & onion stuffing & gravy



STREET FOOD THURSDAY

Chicken Makhani

Marinated chicken thigh pieces in a buttery curry sauce with spiced rice



Cauli Jalfrezi

Stir fried cauliflower with Persian spices & dhal



FISH FRIDAY WITH A TWIST

Fish & Chips

Fiery battered fish fillet with chips and crushy peas



BBQ Pulled Jackfruit Burrito

Louisiana style rice with jackfruit & beans in a flour wrap



TRADITIONAL
DISH

VEGGIE
DISH



Hot DELI.

DELICIOUS
DESSERTS

Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & panini, hot chicken wraps, wings & dusted wedges. We rotate our range throughout the week.

Italian Crumble
Cake

Winter
Sponge

Fruit-Tea
Loaf

New York Baked
Cheesecake

Giant Lemon
Cookie

SERVED WITH SEASONAL VEGETABLES OR SALAD

World KITCHEN.

14th October, 4th November, 25th November, 16th December,
6th January, 27th January, 17th February

Aspens


WEEK TWO

AUTHENTIC ITALIAN MONDAY

Spinach Calzone

Healthy fresh dough filled & folded with spicy tomato sauce & spinach



FAMILY FAVOURITE TUESDAY

Beef Lasagne

Beef bolognese with pasta, cheese with garlic bread

BACKING BRITISH WEDNESDAY

Sausage & Mash

Pork sausage with mash & seasonal vegetables

STREET FOOD THURSDAY

Shawarma

Marinated chicken, & pickled red cabbage in Khobez with hummus



FISH FRIDAY WITH A TWIST

Fish & Chips

Tempura battered fish fillet with chips & Katsu sauce

TRADITIONAL
DISH

VEGGIE
DISH



Leek & Mushroom Risotto

Classic risotto served with green leaf salad



Veggie Lasagne

Roasted vegetables with pasta, cheese with garlic bread

Quorn Sausage & Mash

Quorn Sausage with mash & gravy



Quorn Fajita

Marinated Quorn with sliced vegetables, rice & a wheat wrap



Tofu Drunken Noodles

Udon noodles, broccoli & sugar snap peas with Sriracha chilli sauce



Hot DELI.

DELICIOUS
DESSERTS

Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & panini, hot chicken wraps, wings & dusted wedges. We rotate our range throughout the week.

Tiramisu
Trifle Pot

Winter Fruit
Brulee

Apple & Berry
Crumble

Mexican
Chocolate
Pudding

Giant Ginger
Cookie

SERVED WITH SEASONAL VEGETABLES OR SALAD

WEEK THREE

AUTHENTIC ITALIAN MONDAY

Mac n Cheese

Baked cheesy pasta with a crunchy topping



Quorn Bolognese

Quorn mince with vegetables & wholewheat pasta



FAMILY FAVOURITE TUESDAY

Minced Beef Pie

Minced beef & carrots with homemade shortcrust & mash

Sticky Onion & Cheddar Quiche

Wholemeal pastry with a caramelised onion & cheddar

BACKING BRITISH WEDNESDAY

Roast Chicken

With roasties, stuffing & seasonal vegetables

Quorn Roast

With roasties, stuffing, seasonal vegetables & gravy

STREET FOOD THURSDAY

Philly Dogs

BBQ chicken sausage with Memphis slaw, gherkin & American mustard



Vegan Dogs

Loaded veggie hot dogs served with top sliced bun



FISH FRIDAY WITH A TWIST

Fish & Chips

Crispy battered fish fillet with chips & mushy peas

Kimchi Burger

Spicy chickpea burger with Kimchi & avocado aquafaba mayo



**TRADITIONAL
DISH**

**VEGGIE
DISH**



Hot DELI.

**DELICIOUS
DESSERTS**

Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & panini, hot chicken wraps, wings & dusted wedges. We rotate our range throughout the week.

**Lemon Drizzle
Flapjack**

**Ginger Sponge
with Custard**

**Chilled Rice
Pudding with
Caramelised
Pineapple**

**Vanilla &
Blueberry Blondie**

**Giant Oat
Cookie**