

Training for parents and carers

Barnardo's CYGNET

Autism Support:

A Programme for Parents and Carers of Autistic Children aged 5 - 18

Thursdays, November 7th, 14th,
21st, 28th December 5th and 19th
from 9.30am to 11.45am

The Barnardo's Cygnet programme is facilitated by two members of the SASS team, providing support for parents and carers of autistic children and young people aged 5-18, who are educated in B&NES.

This programme is helpful both for families who have recently received an autism diagnosis, alongside those who have been on their autism journey for some time and wish to develop their understanding of autism further.

'Parents of autistic children face the usual positive and difficult challenges of parenting and quite a few more. Attending a Cygnet autism support programme gives parents and carers an opportunity to develop their understanding of autism and consider ways to support their child. It also provides the

opportunity to meet other people in a similar position and hear about their experiences in an informal but supportive atmosphere.' - <https://barnardos-parenting.org.uk/>

Cygnet is a six week programme that provides a mixture of information to read, activities to complete, questions to reflect upon, links to sources of further information and handouts that summarise some of the key learning points. The sessions include: Introductory session; An overview of autism with parent and carer experience; Thinking and Sensory; Social Interaction and Communication; Understanding and supporting behaviour; Analysing behaviour; Group choice. If you would like more information about Cygnet, please contact sass@fossewayschool.com



Specialist
Autism
Support
Service

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To book please email training@thepartnershiptrust.com



Fosse Way
School


The Partnership Trust

Bath & North East
Somerset Council