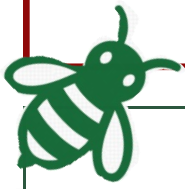


## This your Monday send out Number 8

This weeks videos include English, History and Music



All our subject videos can be found here: [Chew Valley School - Year 11 Information](https://www.chewvalley.org.uk/Year11/Information)



### Subject Videos

Subject	Topic	Video link
English	Extended Writing	<a href="https://vimeo.com/user115470953/exwrite?share=copy">https://vimeo.com/user115470953/exwrite?share=copy</a>
History	Elizabeth	<a href="https://vimeo.com/user115470953/liz?share=copy">https://vimeo.com/user115470953/liz?share=copy</a>
Music	Target Vocabulary	<a href="https://vimeo.com/user115470953/musicvocab?share=copy">https://vimeo.com/user115470953/musicvocab?share=copy</a>



Monday	Science S5 (All)   RS T1
Tuesday	Biology S10   Physics S9   Maths M5 Afterschool: Tuesday club (Cover room meet)
Wednesday	Business studies L9   CS L10   French L15   Spanish L13
Thursday	HSC Coursework D3
Friday	DT T5 (Every lunchtime)

Leavers' Hoodies  
and Yearbook  
letters are on  
ClassCharts

### IMPORTANT INFORMATION

In Term 4 (after half term)

Tuesday and Wednesday afterschool clubs become subject specific sessions:

- Led by the subject teachers
- Focusing on exam papers
- Core subjects on Tuesday
- Option subjects on Wednesday
- Published here each week
- Meet in the cover room

**STUDY  
CAMP**  
7-9th April

**BEE**  
Best  
effort  
every day  
CHEW VALLEY SCHOOL  
YEAR 11 2026

**Get involved....**  
**Busy Bees make more honey**  
**Lunch time clubs, videos and**  
**Tuesday night sessions really add up!**  
**Keep Bee-ing brilliant**  
**Mr Cocks**

**World Book Day**  
**Join the Swarm**  
**Join Mr Cocks**  
**Come as a BEE**



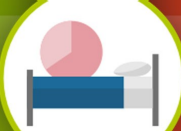
# GOOD REVISERS

by @Inner\_Drive  
[www.innerdrive.co.uk](http://www.innerdrive.co.uk)

**Eat breakfast**



**Sleep 8-10 hours a night**



**Have regular  
bedtimes**



**Get fresh air each day**



**Exercise regularly**



**Do past papers**



**Spread out their revision**



**Keep a diary to capture  
negative thoughts**



**Revise in a quiet  
environment**



**Drink water regularly**



**Put their phone away  
during revision**



# POOR REVISERS

**Skip breakfast**

**Get little sleep**

**Have inconsistent  
bedtimes**

**Stay indoors all day**

**Do no exercise**

**Mostly revise highlighting  
'key' passages**

**Cram their revision**

**Dwell on worst  
case scenarios**

**Revise whilst listening  
to music or TV**

**Forget to stay hydrated**

**Revise with their mobile  
phone next to them**

