

Chew Valley School Year 11 Class of 2024

Year 11 Home Learning Package ~ Week 18

This weeks videos include English, and History

Remember all our subject videos can be found here: [Chew Valley School - Year 11 Information](https://www.chewvalleyschool.co.uk/year-11-information/)

Subject (s)	Topic	Video link
English	Literature—Unseen poetry	https://vimeo.com/user115470953/unseeneng?share=copy
History	Elizabeth	https://vimeo.com/user115470953/elizabeth2?share=copy



This weeks subject session

Tuesday 23rd April | English exam practice

Wednesday 24th April | Geography exam practice

Meet in the Main Hall 3.25pm

This week is an **English Week** in morning tutor time, come prepared...

Time to start thinking about the actual exam days– Use these to help!

EXAM COUNT DOWN

USE YOUR TIME WISELY

by @inner_drive | www.innerdrive.co.uk



TWO WEEKS TO GO

Plan your revision effectively by spacing it out. Little and often is better than cramming at the last moment.



ONE WEEK TO GO

Do lots of past papers and quizzes. Teach the material to someone else. Seek advice, guidance and feedback from others.



THE NIGHT BEFORE

Pack your bag for the next day. Do an equipment check. Get plenty of sleep.



THE MORNING OF

Eat breakfast to fuel you for the day.



AN HOUR BEFORE

Get to school early and spend time with relaxing people.



1 MINUTE BEFORE

Take a deep breath and gather your thoughts.



AN HOUR AFTER

Once you have reflected on the exam, don't dwell on it. Move on.



EXAM DAY PREP



DRINK PLENTY OF WATER



BE PREPARED



DO SOME EXERCISE



DOUBLE CHECK YOUR EXAM TIMETABLE



PRIORITISE YOUR TIME



DOUBLE CHECK YOUR NOTES



LIMIT DISTRACTIONS



DON'T FORGET TO VISIT THE RESTROOM



NO ENERGY DRINKS



GET A GOOD NIGHTS SLEEP



GET SOME FRESH AIR!

GRAB SOME HEALTHY SNACKS



SET AN ALARM



BE POSITIVE



TAKE A BREAK & STAY MINDFUL



Good/Bad Useful/or not? We are always trying to improve

Any feedback on the weekly send out please let me know:

pcocks@chewvalleyschool.co.uk

Thank you