Subject	Science
Unit/Topic	Skeleton, Circulation and Breathing

Key vocabulary	Definition
Bone	Single item of the skeleton.
Joint	Part of the body where two or more bones meet.
Cartilage	Tough tissue that stops bones rubbing against each other.
Ligament	Tissue that connects bones to other bones.
Tendon	Tissue that connects bones to muscles.
Synovial fluid	Liquid in a joint that means bones can move smoothly.
Antagonistic	Pair of muscles which move a body part in opposite directions; one muscle relaxes while the other contracts.
Trachea	The windpipe which carries air down from the mouth.
Bronchus	One of the two branches of the trachea; one bronchus goes to each lung.
Bronchiole	Smaller branches of each bronchus.
Alveolus	Tiny structures in the lungs where gases move in and out of the blood.
Diaphragm	The muscle which contracts and relaxes when we breathe in and out.
Intercostal muscles	Muscles in the ribcage that allow the ribs to move during breathing.
Ventilation	The process of getting air from outside the body into the lungs.
Aorta	The main blood vessel taking blood from the heart around the body.
Pulmonary artery	The blood vessel that takes blood from the heart to the lungs.
Pulmonary vein	The blood vessel that takes blood from the lungs back to the heart.

Vena Cava	The main blood vessel that takes blood from the body back to the heart.
Valve	A structure in the heart that prevents blood from flowing backwards.
Atrium	One of the two upper chambers of the heart.
Ventricle	One of the two lower chambers of the heart.
Artery	A blood vessel taking blood away from the heart.
Vein	A blood vessel taking blood back towards the heart.
Capillary	Tiny blood vessels that allow substances to be transferred between the blood and the body's cells.
Lumen	The inside space of a blood vessel.
Plasma (blood)	The pale yellow liquid that carries the blood cells.
Platelet	Small fragments in the blood that help the blood to clot when needed.
Lymphocyte	Type of white blood cell which kill pathogens and produce antibodies.
Aerobic respiration	Process that releases energy from glucose and oxygen.
Anaerobic respiration	Process that releases energy from glucose in the absence of oxygen.
Lactic acid	Chemical made during anaerobic respiration; causes muscles to ache.
Ethanol	Chemical made during the anaerobic respiration in yeast.