

Personal, Social and Health Education Policy **(incorporating Citizenship)**

Rationale

Personal, Social and Health Education (PSHE) is a vital part of the curriculum at Chew Valley School and is informed by guidelines from *The National Curriculum Handbook for Secondary School Teachers in England 2000* and the revisions to the Secondary Curriculum from September 2008.

Our PSHE programme works towards the 5 aims of Every Child Matters and this is achieved by:

- Work in PSHE lessons and Registration times
- Work across the whole curriculum with cross curricular dimensions (these include Healthy Lifestyles, Enterprise and Identity and Cultural Diversity)
- Opportunities that are provided beyond the curriculum (School Council, Ten Tors, D of E, charity events, assemblies etc)

Our PSHE programme gives opportunities for pupils to reflect on their experiences and to develop their sense of well-being and self-esteem. The intention is that our work encourages them to believe in their ability to succeed and take responsibility for their learning and future choices of course and career. Our work also will encourage them to show respect for the diversity of, and the differences between people.

Aims

At Chew Valley School we aim to give our pupils opportunities to:

- Be Healthy
- Stay safe
- Enjoy and achieve
- Make a positive contribution
- Achieve economic well being
- Feel positive about themselves
- Consider social and moral dilemmas
- Make real choices and decisions
- Become well informed
- Participate in a range of opportunities

Organisation

The formal PSHE curriculum is divided into:

Personal Well-being

This includes our legal responsibilities to provide a programme of sex and relationships education and drug education. We also have incorporated a focus on delivery of skills identified in the framework for Social and Emotional Aspects of Learning (SEAL) to Year 7. This work started in September 2007 with Year 7. Other year groups spend time on: relationships, bullying/friendships, vandalism and self-esteem.

Economic Well-being

This includes work on careers education, work-related learning and financial capability.

Citizenship

Our approach to the delivery of PSHE allows us to also include some aspects of our Citizenship curriculum. These aspects fit well under the general programmes of study covered in PSHE. These include: human rights, fair-trade, the legal and political process and arson awareness.

How is this work supported across the curriculum?

- The School Ethos

We believe that many of the skills and attitudes that we wish to develop through PSHE are taught and demonstrated throughout the day at Chew Valley School. Students will have the opportunities to develop their understanding of these issues through:

Assemblies, school council, school policies and rules, school trips, extra-curricular activities and charity events.

- Cross- Curricular Dimensions

All subjects take the opportunity to develop or reinforce the work carried-out in the PSHE programme. Examples of this would be work on **Healthy Lifestyles** in Physical Education and Food Technology, **Identity and Cultural Diversity** in Geography, History and Philosophy and Belief. **Enterprise** in Business Studies, **Community Participation** in Physical Education and **Sustainability and the Global Dimension** in Geography and Humanities.

This wider PSHE curriculum has the intention of helping our young people become: successful learners, confident individuals and responsible citizens.

Policy reviewed: June 2008